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- **Dr. Willem Karel Dicke II MD** - the son of the man who discovered gluten as the cause of celiac disease will recount his father's famous research and discovery
- **Dr. Chris Mulder MD** - One of the top celiac experts in the world, and the heir of the original Dr. Dicke's research program in the Netherlands
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In Fortune 500 boardrooms the buzzword of 2011 has certainly been “disruption”. Corporate executives watch in horror as the Internet transforms entire industries in favor of quicker—more connected—upstarts. The seismic shifts that have hit the music, news, entertainment, and publishing industries will be the topic of business school case studies for decades to come. More critically, how is technology disrupting the job market?

Unemployment rates tell the tale. Yet more staggering than flat job growth is the following statistic: Between 1990 and 2008 only 600,000 new, “tradable,” U.S. jobs have been created. A tradable job, like customer service or factory work, can be done anywhere on earth. Unlike local jobs such as lawn-mowing and burger-flipping, tradable jobs can be done in a remote factory or any province with an internet connection.

I believe we are at a crossroads in society: just as the industrial age replaced animal labor (“horsepower”) with mechanical devices, we are rapidly developing information technologies that replace human labor (“brain power”). How do we adapt to a world where entire industries and job categories are morphing at an accelerating rate?

Our education system has been designed to train obedient workers for industrial jobs where two answer categories exist: “correct” and “incorrect”. Imagine the little red schoolhouse, children sitting in rows, listening to a teacher present a lesson on a blackboard. Before the internet, teachers controlled access to information. In our hyper-connected world, students have easy access to more resources than their teachers. With iPhones and Wikipedia, information is literally in the palm of a student’s hand. Today, we have the opportunity to learn from YouTube videos, iTunes U, and specialized sites like Khan Academy.

To remain relevant in the job market, we must become life-long learners. We must embrace the rapid advances that are sweeping our way of life, and learn to play in the new world of interconnected *real*, *augmented*, and *virtual* realities.

The opportunities to follow your heart and create a new career have never been greater. Writing, designing, organizing, and sharing your passion with the world has never been easier. Open your mind to new skills and you will be in for the ride of your life!

Best wishes,

Tony Cecala
Tony Cecala



Have you ever noticed that when you are focused on achieving a goal you have lots of energy, you feel alive, and you have a sense of meaning about your life? When I am clear about my path,

opportunities open up, miracles occur and great joy is experienced.

It is in having a goal and working to achieve it that we are able to feel a sense of purpose in our lives. Sitting around with nothing to do does not bring joy and a sense of fulfillment. It usually brings sadness and a sense of loss. I am a great admirer of the work of Dr. Victor Frankl, M.D., Ph.D., (1905-1997), who was an Austrian Neurologist and psychiatrist, as well as a holocaust survivor. He was the founder of logotherapy, which is based on the belief that the most powerful motivating and driving force in people is their striving to find meaning in their life. In his classic book, *Man’s Search for Meaning*, Frankl discusses his experiences in a concentration camp and describes how he was able to find meaning and a reason for living even in the most difficult of life’s circumstances. He found that when a camp inmate had someone they wished to be reunited with or they had something they wished to accomplish after the war that they were much more likely to survive the camps. It was their sense of purpose that allowed them to find a way to go on living.

Interestingly, Dr. Frankl had developed his theory before the war. He felt that the time he spent in a concentration camp only confirmed and provided evidence for his theory. He also felt that “when we are no longer able to change a situation....we are challenged to change ourselves”. Ultimately, the power resides within us to determine how we will respond to our circumstances.

There is a lot of upheaval in our world at this time. Hurricanes, earthquakes, high unemployment, and many other difficulties certainly abound. However, I have personally never felt more optimistic about all of the many opportunities that exist today. It is all about where we put our attention, what our attitudes are and the goals we set for ourselves. I hope you’ll always find meaning in your life and that you’ll experience the great joy and fulfillment that comes from accomplishing your heart’s desire.

Love & Light,
Felicia Weiss
Felicia Weiss

“Everything can be taken from a man but one thing; the last of the human freedoms—to choose one’s attitude in any given set of circumstances, to choose one’s own way.”
- Dr. Viktor Frankl

Holistic Forum



What is Iridology and how can it help me?

It has been said that the eye is the mirror of the soul, and that it discloses the different mental and physical conditions of the body; we generally speak of the 'vivid clear eye' of the well person, of the 'anguishing, glaring eye' of the consumptive; of the 'broken eye' of the dead-sick. Various

nervous diseases are disclosed by the decreased mobility of the pupil; frequent disturbances of the sight point to diseases of the kidneys (diabetes), as does also the falling out of the eye-lashes. By analyzing the iris of the eye, it is possible to determine the condition of your body by reflex markings found in the corresponding fibers of the iris. Iridology analyzes the iris of the eye to determine the cause of your ill health, in what state it is in, how it arrived there, how to free your body of it, and most of all, when you have freed it.

Dr. Edna Craven, DC, CTN, BCI, director of The People's Chiropractic Clinic has over 30 years experience as a Nutritional Consultant and as an Iridologist. She has been instrumental in helping many regain higher levels of health. She can be reached at 972/256-0004; dreocraven@earthlink.net.



Could you use gentle, cost-effective relief from your health challenges? Want to feel healthy, vibrant and alive?

Get vacation-quality relaxation while resolving even old and deep body issues, acute or chronic. Bring your biggest issues, from TMJ, carpal tunnel, whiplash and migraines, to

thyroid, female problems, injuries, etc. This technique restores flow and balance, promotes healing, resets the nervous system, enhances flow of CSF, relieves cranial compressions implicated in many disorders, even releases emotional tissue memory from old traumas. Selected teaching assistant to founder Dr. John Upledger, Sandy needs only this versatile work to achieve favorable outcomes for most people. Lives transform in her office; let yours be one of them.

Sandy Hanne, R.M.T. has helped thousands of clients change their lives using CranioSacral Therapy. An advanced practitioner, she has studied extensively with Dr. John Upledger, founder of the technique. 469-438-8634.



Mind Chatter, What is it? And where does it come from?

Mind chatter is thoughts and emotions that we pick up from others. Programs as they are called get passed down through generations. Many were implanted by the beliefs and rules of parents, society and sometimes by a GHOST. Those pesky programs are located and deleted

through a series of clearings that utilizes a universal search engine. It's like your hard drive, i.e. your mind, gets rebooted so we are at the wheel along with GOD instead of Grandma Rose. And, yes, the ghost can be removed too. Resulting in a life that only you had dreamed of filled with peace, joy, grace and Abundant FUN!

Beth Carpenter, N.D. loves intuitively guiding her clients in health and happiness. She is a naturopathic doctor, medical intuitive, Reiki Master, author, public speaker, psychic and angel communicator that has studied many healing modalities for over 20 years. Beth works full-time in natural, complementary and energy medicine. She has helped thousands achieve health, balance, peace and understanding of their life and direction. www.healthyhelp4u.com, 512-707-9886



What is a naturopathic doctor?

Doctors of naturopathic medicine (NMDs) are trained as primary care physicians and have attended a four-year naturopathic medical school. Their training is based on the same basic science and clinical biomedical instruction as allopathic medicine (MD);

however, natural medicines are emphasized. This rigorous medical training differentiates NMDs from other self-taught alternative practitioners. Naturopathic doctors assist patients by using integrative and holistic modalities such as nutrition, herbal medicine, homeopathy, and counseling. This approach has proven successful in helping both chronic and acute conditions. To determine if a doctor is trained as an NMD, verify that they have an active medical license and have graduated from an accredited AANMC medical school (www.aanmc.org).

Dr. Kimberly Wilson, NMD, Innovations Wellness Center, 6545 Preston Road, Suite 200, Plano, TX, www.InnovationsWellness.com (972) 608-0100



How do I become more passionate and joyful?

We're so easily distracted by technology and the business of life that we are becoming less and less in touch with our bodies. Bioenergetics helps us to be aware of our bodies, our breathing, our grounding so that we can make more conscious choices about what we want in

our lives as well as what we don't want.

Sherri Lackman is a Master's Level Licensed Professional Counselor. She holds membership in the American Counseling Association, the International Institute for Bioenergetic Analysis, the Dallas Society for Bioenergetic Analysis, and the Heart-Centered Therapies Association. Sherri treats Depression, Bipolar, Anxiety, and Eating Disorders. Her office is located in Richardson, 972-231-4466.



Why is it important to receive Thai Massage from a certified master level practitioner?

Finding a practitioner who has studied extensively the art of Thai Massage assures that you will receive the most optimum experience during a session. As a master level practitioner with over 8 years experience, I have chosen to specialize in Thai

Massage. Each session is unique and matched with how your body is doing/feeling/being that day. I have trained in the US, Thailand, and England where I learned techniques being created worldwide and utilized by master level Thai Massage therapists.

I would be honored to share with you my joy and passion for this amazing bodywork.

Suzanne Miller is a LMT and Kripalu Yoga Teacher. She can be reached at 972-319-3661.



How can the Language of Light be of benefit to me?

The Language of Light is a vibrational healing technique. During her expression of the Language of Light, Nancy is able to "catch" the sound current to "tune into" the frequency of your soul like a radio. This provides a sound-carrier wave for your

intention to manifest. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. In addition, some clients have reported a lessening of their depression, an easing of back pain, a decrease in neuropathy pain (for about 3 weeks following one session), and a release of physical & emotional trauma.

Over the last 20 years Nancy has developed an ability to express this language. Come experience Nancy's "Healing with Sound" at the Wellness Expo. Nancy can be reached at: 972-424-1217. To hear a sample go to: www.soundSOULutions.com



What is Fascial Integrative Therapy?

This therapy recognizes the importance of the integration of the fascial and CranioSacral systems and works to gently release restrictions that may be causing pain, or problems in the immune, nervous, digestive, endocrine or other body systems. Using a very light touch the

therapist works to correct the origin of the pain. It has been used to successfully correct infertility, scoliosis, plantar fasciitis, ADD/ADHD, carpal tunnel, fibromyalgia, sports injuries, arthritis, and pain in any area of the body, including migraines.

Frankie Burget is a licensed Occupational Therapist and Fellow with the American College of Wellness who has practiced in the DFW area for over 20 years. She has extensive training including Barnes Myofascial Release Centers and Upledger Institute. You may view her curriculum vitae on the About Us page of her website, www.windsongtherapy.com. Please contact her at 817-571-8135 or frankie@windsongtherapy.com. Please see bodywork section for more information.



What is HCG and how is it the key to weight loss?

HCG stands for Human Chorionic Gonadotrophin and is a glycoprotein hormone. The late Dr. A.T.W. Simeons discovered that HCG allows almost unlimited hypothalamic banking capacity so that fat deposits are not formed. By taking HCG and restricting oneself to a very

low calorie diet, a person is able to access their fat stores and experience rapid weight loss of about 1/2 to 1 pound/day. The HCG dramatically reduces a person's feelings of hunger, making it easier to feel comfortable with this reduced caloric intake. Today the HCG is available in homeopathic form, making it an easy, effective, and inexpensive approach to weight management.

Felicia Weiss, Ph.D. is co-owner of Shifting Frequencies, which carries the HCG homeopathic drops. For more information or to order the HCG drops, visit: www.ShiftingFrequencies.com or call: 972-378-1211.

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Edna Craven, DC, CTN, BCI

Doctor of Chiropractic (certified by the Texas Board of Chiropractic Examiners since 1996)

Certified Traditional Naturopath (by the American Naturopathic Certification Board)

Board Certified Iridologist (30 yrs by the American Naturopathic Medical Certification and Accreditation Board, Inc.)

Nutritional Consultant (30 yrs)

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Diabetes is Reversible with Diet Alone

by Felicia Weiss, Ph.D.

To understand diabetes, it is important to know how food is digested. First of all, a sugar called glucose enters the bloodstream. The pancreas makes insulin, whose role is to take the glucose, which is a source of fuel for the body, and move it from the bloodstream into muscle, fat, and liver cells.

People with diabetes have high blood sugar as a result of their body being unable to take this glucose and move it where it needs to go. The reason for this is either because their pancreas does not make enough insulin and/or because their cells do not respond to insulin normally.

There are three major types of diabetes, which have different causes and risk factors. At this time, there is no known way to prevent type 1 diabetes, which occurs when the body makes little or no insulin. Type 2 diabetes, once known as adult-onset diabetes, is when your body either resists the effects of insulin or does not produce enough insulin to maintain a normal glucose level. This type makes up most of the diabetes cases and, until recently, it was thought to be irreversible. The third

type of diabetes is called gestational diabetes. This is when high blood sugar develops during pregnancy in a woman, who does not have diabetes. Here diet and exercise changes allow most of these women to have healthy babies and keep their diabetes under control without the need for insulin. Usually their blood sugar level returns to normal after delivery.

According to the US Department of Health and Human Services, over 25 million Americans are affected by Diabetes. In fact, diabetes is the seventh leading cause of death in the US with one in four Americans over 60-years-old having type 2 diabetes. In addition, over 40 million Americans have pre-diabetes (early type 2 diabetes), a condition in which a person's blood sugar is higher than normal, though not high enough for them to be classified as having type 2 diabetes. In the US and throughout the world, the incidence of diabetes has been increasing dramatically in recent years. Many feel this is a result of the dramatic increase in obesity.

The symptoms of diabetes include blurry vision, excess thirst, fatigue, frequent urination, hunger and weight loss. Since type 2 diabetes develops

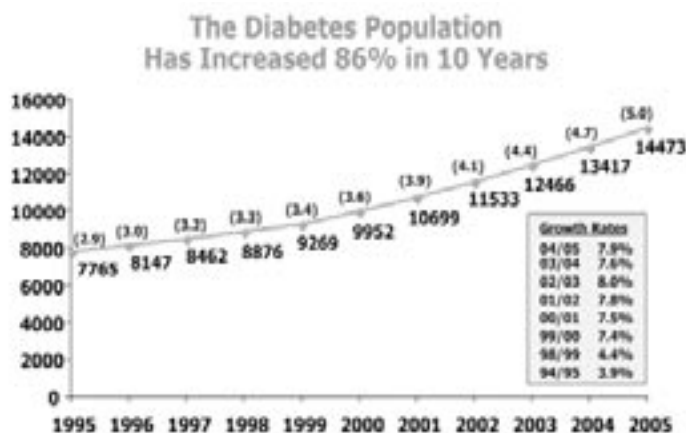
slowly, some people may not have any symptoms and many are unaware that they have this condition.

In a groundbreaking study, E. L. Lim, K.G. Hollingsworth, B.S. Arribisala,

M.J. Chen, J.C. Mathers and R. Taylor (2011) found that normalization of both beta cell function and hepatic insulin sensitivity in type 2 diabetes was achieved with only dietary energy restriction. In fact, they achieved their results in just one week and concluded that "the abnormalities underlying type 2 diabetes are reversible by reducing dietary energy intake".

In their study, they looked at eleven people (9 male and 2 female) with type 2 diabetes (of less than four years duration) after 1, 4 and 8 weeks on a 600 calorie/day diet. They compared them to a control group with regard to their blood sugar and insulin responses, cholesterol levels and fat in the pancreas and liver, as well as MRI imaging. They found that after just one week, most of their features of diabetes had been reversed, with all of their features being reversed after eight weeks. This study provides the first direct evidence in humans that type 2 diabetes can be reversed. Of course, further studies need to be conducted with a larger sample size, with people who have had type 2 diabetes for a longer period of time, and with diet changes that last for more than 8 weeks, however, these results are promising and encouraging.

They further suggest that people diagnosed with type 2 diabetes should be told they have a potentially reversible condition and that there are things they can do to improve their health, such as making dietary changes. Isn't wonderful that we can actually have control over what was seen as a serious illness with long-term debilitating effects?





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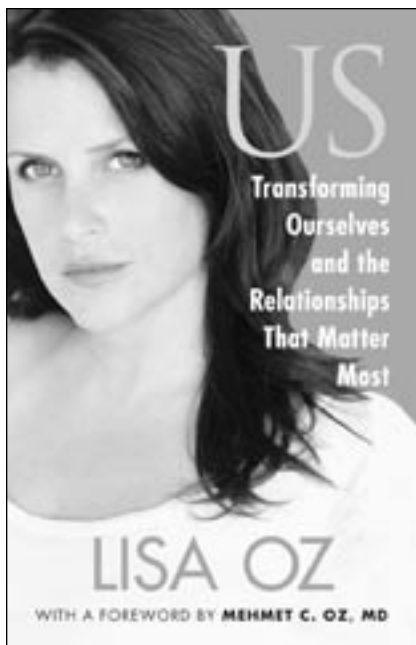
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Book Review by Sydney Cessna

US

Lisa Oz's new book is a must read for any self-help junkie. In the book *US: Transforming Ourselves and the Relationships that Matter Most*, Lisa Oz discusses the connection between healthy minds and healthy relationships. Unlike many self-help books, which force an opinion on the reader, Oz unbiasedly guides the reader to understanding relationships. Right away, in the introduction, Oz makes a personal connection with the reader. She illustrates the significant effect variables such as body-image and self-perception have on a relationship. By understanding ourselves better, Oz states that we can experience better emotional and spiritual lives. This thought-provoking book is also easy to read because Oz weaves her own personal anecdotes throughout the book.

One of the most memorable sage pieces of advice in *US* is "creative energy flows in the direction of focus, so you'll get much better results and generate a positive shift in the relationship if you concentrate on making constructive change in your own life instead of dwelling on negative traits of your partner."

Writing more as an enlightened friend than a haughty intellectual, Oz is able to sympathize with many common problems. Like most Americans, she has had to deal with marital strife, sudden change and societal pressures. Oz provides us with a new outlook on how we function as individuals. In sum, *US* is about how to see life in a new light and experience relationships thoughtfully. Her short bits of humor add a lighthearted feeling to the serious subject matter.

Alternative Healing

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The Language of Light is an invitation for us to access that deep heart space of knowing who we already are - multi-faceted, spiritual beings. Nancy is available for individual, group or couples sessions.

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Program Guide



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Felicia Halim972-492-5995
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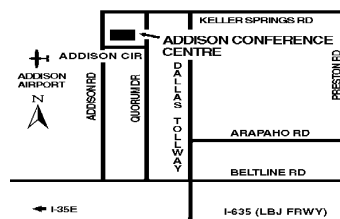
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DIRECTIONS

Addison Conference Centre

- I-635 to the North Dallas Tollway
- go North, exit Beltline Rd
- go West 2 blocks to Addison Rd,
- go 3 blocks north to Addison Circle
- go right on Addison Circle
- on left side of the street
- next to the Addison water tower, 15650 Addison Road

Wellness Expo *in Addison*

Oct. 15-16, 11am-6pm • Addison Conference Centre • 15650 Addison Rd • Addison, TX



SATURDAY, OCTOBER 15: Lectures & Demonstrations

11:30 AM

Opening Ceremony: Healing with Sound

Nancy Byers
972-424-1217

Nancy will demonstrate the Language of Light, which is a vibrational healing technique. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. Over the last 20 years, Nancy has developed an ability to express this language. She has helped hundreds of people all over the world with her gift.

12:00 PM

Spiritual Connections

Gary Champion
214-636-7546

Gary will demonstrate actual gallery style readings. He will connect with those who have passed and bring messages you will want to hear. Although not everyone will be read, all can gain from the experience. Gary has received messages since the age of 6. As a professional psychic medium, he passes along what he hears in the hopes of helping someone. He is clairvoyant, clairaudient, clairsentient, clair empathetic, as well as an animal communicator. See www.garychampion.com

12:30 PM

The Life Saving Wisdom of Ancient Ayurveda

Elaine Dodson
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Ayurveda is the oldest health maintenance system ever documented. It encompasses the whole person and teaches us that food is sacred and that food and spices are your medicine. Elaine Dodson is an author, seminar leader and internationally acclaimed expert in natural/organic beauty, wellness and regeneration, who founded Kalachandjis Restaurant in East Dallas. She teaches Vegetarian Cooking Classes and leads Spiritual journeys for women. www.elainedodson.net or elainedodson@sacredjourneyretreats.com

1:00 PM

Stress Reduction & Emotional Healing

Dr. Anne M. Jensen, DC
214-500-0584

Dr. Jensen will discuss how to manage daily stress and achieve a deeper level of wellness. She will also demonstrate an emotional healing technique, which has been shown to be effective at reducing stress. Dr. Jensen is a clinical researcher and a published author on emotional healing and stress reduction. After practicing in Australia as a chiropractor and noticing the impact that stress has on the body and mind, she pursued additional qualifications in psychology, and now the focus of her practice is mind/body wellness.

1:30 PM

Comprehensive Cancer Care

Dr. Constantine A. Kotsanis, MD
m817-481-6342

Insulin Potentiation Therapy-Low Dose (IPTLD) for the treatment of all forms of cancer has been used for over 70 years as a gentle form of chemotherapy. It uses insulin as a way of targeting the cancer cells while leaving healthy cells alone. Then by using 10% to 25% of the conventional dose of drugs, cancer cells die with few or no significant side effects. Constantine A. Kotsanis, MD has practiced in the DFW Metroplex since 1983. Originally trained and board certified as an otolaryngologist, head and neck surgeon, he has practiced complementary and integrative medicine since the 1990's. With credentials in nutrition he has also been trained in medical acupuncture, homeopathy and botanical medicine.

2:00 PM

Our Hidden Talent

CeAnn
972-221-8080

Most of us are unaware of our innate ability to Channel. From birth this capacity shows up in many ways, though if not nurtured it goes undercover to our mundane psyche until incidents & experiences bring it once again to the surface. Find out about your ability and use your potential! Offering trance sessions extensively since 1986, "the channel formerly known as Seán Michael", hails from a heritage of psychics, travels through the U.S. and internationally, offering Visionary Guidance. CeAnn inspires Loving Allowance, Self Motivation, Intuitive Growth and the awakening of unlimited human potential. www.visionaryguidance.com or www.messagesofjoy.com

2:30 PM

What's on Your Mind?

Dr. Gary Berman, PhD, NMD, DC
972-404-8650

Has something been troubling you lately? Please join renowned psychic and medical intuitive Dr. Gary Berman for your opportunity to ask questions and get the truth about what's really going on in your life in an open group setting. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 PM

The Naked Truth About Skin

Sharon Krahn, Traditional
Naturopath
214-352-7546

Your skin is a window to your inner health, therefore, what you put on your body is just as important as what you put in your body. Learn how diet, lifestyle, nutritional supplements, and skin care products all play a role in healthy, radiant skin- inside and out. Sharon Krahn is a 2005 graduate of Clayton College of Natural Health and has practiced in Dallas for 6 years. She has recently produced her own professional line of skin care products.

3:30 PM

Crossroads: Messages from Spirit

David Scott, Intuitive Medium
817-637-4213

Join David for an open forum where he will answer questions and give a demonstration of mediumship by making connections with audience members. David's abilities continue to grow and strengthen and he has made a commitment to his work. David is also alumni of the Arthur Findlay College in the UK- the world's foremost college for Spiritualism and the Psychic Sciences. David is currently pursuing a degree at the American Institute of Holistic Theology.

4:00 PM

Color & Light Therapy

Donna Reis, Certified
Chromatologist, CNHP
817-788-9451

Donna will discuss the history of Color and Light therapy, as well as how to heal emotional issues within your bodies through Color and Light therapy without spending thousands of dollars. Donna is a Certified Chromatologist, CNHP, Certified Ionic Researcher, and Certified in Emotional Release with Color Therapy.

4:30 PM

How to Connect with Your Guides

Carole Layman, LMSW, CHT
817-455-6642

In this presentation, Carole will discuss how you can stop guessing and visit the Spirit World for definitive answers regarding your current life as well as your Soul Life. Carole is a Licensed Masters Level Social Worker, who is also Certified as a Hypnotherapist. She offers Past Life Regressions, Life-Between Lives Therapy and help with connecting with your guides.

5:00 PM

Intuitive Gallery

Cheryl McMillan & Sandra Larson
469-767-2727/972-955-2756

Cheryl & Sandra will offer an intuitive gallery. Guided by spirit, they will share channelled messages for audience members. Cheryl is a Clairvoyant in private practice and owner of the Dallas Psychic Fair, which is held monthly in Dallas. Visit: www.dallaspsychicfair.com for details. Sandra Larson is an animal communicator, as well as an Intuitive Coach, who facilitates group/individual soul and past life journeys. Visit: www.sandralarson.com for more information.



SUNDAY, OCTOBER 16: Lectures & Demonstrations

11:30 AM

Astrology & You

Cynthia Novak
817-261-2984

Join Cynthia as she shares her insights on how planetary alignments can affect your life. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information. Visit: www.cynthianovak.com

12:00 PM

Views from the Other Side

John Cappello
888-440-7130

Join John Cappello...Visionary...as he presents views from the other side. This is a special time when amazing information comes to us from the Spirit World. John is a Visionary, who offers classes, Galleries, parties, Meetups and private readings. Visit www.JohnCappello.com

12:30 PM

Releasing the Power Within through Self Muscle Testing

Dr. John D'Amanda, BA, DC, ND
972-97Heart (972-974-3278)

Dr. D'Amanda will teach how to access the power within by self muscle testing. He will also discuss H.E.A.R.T. (Holistic Energy Activation & Realignment Therapy), which is a powerful integration of several ancient healing modalities. Dr. D'Amanda is a licensed Chiropractor and board certified Naturopathic Physician. He is a co-creator of H.E.A.R.T. and the president of H.E.A.R.T. Mission, Inc. Dr. D'Amanda has practiced in Aubrey, TX since 1999 and is the CEO of Country Chiropractic & Wellness Center, PA.

1:00 PM

Secrets Behind Successful Allergy Elimination

Dr. Lewis Cone, DC
972-880-8541

This talk will focus on how toxins and food allergies are usually behind the air allergies and how to identify and get over food allergies. Dr. Cone is a Chiropractor and Nutritionist. His practice primarily focuses on nutrition, ranging from colds to autoimmune disease.

1:30 PM

The Original Cause of Disease

Dr. Jennifer Laing, MD
903-821-4001

Dr. Laing will discuss how disease originates and what you can do to heal. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit www.schoolofmysticalawakening.com

2:00 PM

5 Healing Stones

Pat Cook
817-261-6300

Pat Cook is one of the trio of Power of the Rainbow in Arlington, TX. She is also a massage therapist and a certified crystal healer through the Crystal Academy of Advanced Healing Arts founded by Katrina Raphael and Jewels of the Lotus. She and Tray have vended at the Wellness Expo for 11 years.

2:30 PM

What's on Your Mind?

Dr. Gary Berman, PhD, NMD, DC
972-404-8650

Has something been troubling you lately? Please join renowned psychic and medical intuitive Dr. Gary Berman for your opportunity to ask questions and get the truth about what's really going on in your life in an open group setting. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 PM

HCG: Your Key to Weight Loss

Dr. Tony Cecala, Ph.D.
972-378-1211

You've seen and heard about HCG on Dr. Oz and in the news. Come hear how HCG really works to release fat from the body and learn about the hidden benefits of weight loss. Tony is the co-publisher of the Holistic Networker and co-producer of the Wellness Expo. He is also the co-author of "The HCG Guidebook" and sells the HCG homeopathic drops at ShiftingFrequencies.com

3:30 PM

Creating a Mental Equivalent for Health

Alva Baltimore
972-866-9988/alva@cslDallas.org

In this talk, Alva will discuss how our thoughts, imagination and vibration are the keys to creating the health we want to experience. Alva is a Licensed Religious Science Practitioner at the Center for Spiritual Living Dallas, where she also manages Insight Bookstore. In addition, Alva is an accredited speaker for "The Work" by Byron Katie.

4:00 PM

Listening to the Genius!

LaRue Eppler
972-733-3206

We all have direct access to the ultimate expert and it doesn't cost a dime. Learn how to tune into the best kept secret, your own Inner Genius. LaRue Eppler is the developer of Evolutionary Kinesiology, an international course leader and speaker, popular radio guest, transformational facilitator and co-author of "YOUR ESSENTIAL WHISPER: Six Distinct Ways to Recognize, Trust, and Follow Inner Guidance with Absolute Certainty!"

4:30 PM

Angel Messages

Dr. Tammy Ledbetter, Ph.D.
972-874-3939

In this workshop, learn how to release blocks, receive messages, and manifest the divine guidance from your Angels through enlightening demonstrations and exercises. Dr. Tammy Ledbetter, PhD, who is certified in Angel Therapy® by Doreen Virtue, uses her gift as an Angel intuitive along with her formal training in transformational leadership to guide clients through major and minor life challenges.

5 PM TO 7 PM

2012 - Being the Messenger*

CeAnn
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Whether one refers to Trance Channeling as spirit, energy, information, the multi-dimensional aspects of ones' consciousness, shamanism, or energetic healing, the bottom line is Truth. Come Explore yourself, Awaken your mind and Expand your heart during an exchange of channeled information with multiple frequencies regarding this timely subject. Offering trance sessions extensively since 1986, "the channel formerly known as Seán Michael", hails from a heritage of psychics, travels through the States and Internationally, offering Visionary Guidance. CeAnn inspires Loving Allowance, Self Motivation, Intuitive Growth and the awakening of unlimited human potential. www.visionaryguidance.com or www.messagesofjoy.com

* Additional charge for this workshop. Call 972-221-8080 for details.

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Zero Point Energy Self Healing.
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Andrea Teymor 817-500-2025
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Joye King 214-734-5844
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www.BlueMoonExpo.com

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Megan Miller 972-248-9482
help children with neurobehavioral disorders

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Carolyn P. Little
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David Scott- Intuitive Medium
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Energy Dynamics
Cynthia Shaw 972-991-2097
MultiDimensional Healing. www.CynthiaRShaw.com

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FitFreeChallenge.com
Alan Walters 972-399-ZEAL
Zeal for Life in Men's Health Magazine 11/11 issue

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I always get a lot out of Tony's tips and suggestions and this week was no exception.

—*Laurie Shook*

Great presentation, thanks Tony. I learned a lot and also met a lot of good people.

—*Shane Walker*

As usual, well run, interesting topic. My only complaint is that I leave wishing for more...

—*Sharon Smith*

Great information for anyone running a WordPress blog. Lots of great resources on Tony's blog.

—*Mitch*

Very good - enjoyed the training and networking

—*Al Martine*

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—*Scot Duke*

Great meetup as usual. If you need help with WP this is the place to be. Thanks Tony.

—*Nixon*

So informative as usual. I always learn so much!

—*Kathy Libey*

Very helpful information. meeting was well-organized and information was great.

—*Ginny Dudek*

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—*Bonnie Bolin Peterson*

Tony as a speaker and as an instructor is awesome as always.

—*Mari Davis*

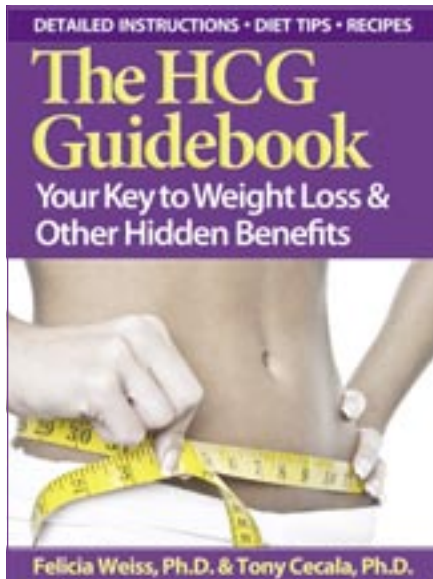


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The HCG Guidebook was written for the HCG dieter who wants the simple details of how to do the HCG diet right. Based on the work of Dr. Simeons, this easy-to-read guidebook lays out the basics of the diet in modern terms and makes it easy to understand what to do and when to do it.

Written by two psychologists with over 1,000 HCG clients. Based entirely on real-life experience and best practices, the HCG Guidebook will answer just about every question you have about the diet.

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"Let's face it, Dr. Simeon's ebook is a little bit of a dry read for most of us. Authors Tony & Felicia have successfully created a great ebook for the rest of us who just want to know how in the heck to do the HCG diet correctly, easily and simply.

This book is so well written that I never lost interest - read it straight through! It gives all the details needed for the diet along with personal author and client experiences and stories that are inspiring and motivating. And I absolutely LOVE the great recipes... that was a wonderful bonus! Love it. If you are considering doing the HCG diet, this book is a MUST read."
—Virginia

"I love the way you take the protocol and turn it into a living life model. It's wonderful. You're working with it to enhance your lives as well as make your weight manageable and health stronger. At first look, the protocol is limiting, but your book has a unique way of making this a lively approach to health and wellness. It no longer seems limiting.

I've read the other books and done the protocol. This work is unique because it is all about losing the weight and living a lighter and happier life. No better way to shake cravings and learn. It truly links mind, body, spirit and holistic insights.

I've tried the injections and the homeopathic drops you offer. I found the drops easier and just as effective. But this book is a great way to invest the time suddenly freed from cravings...great job!"
—Cynthia



HCG has been called a miracle weight-loss formula. For the first time, an affordable homeopathic remedy, formulated to free the body of stubborn fat is now available to you in easy-to-use drops.

It is always refreshing to receive service and smiles and information in one company. All of you have been so helpful.

When I first started using HCG, I had marched, kicking and screaming, right into morbid obesity. I followed “diets” and sought medical help to no avail. I was unable to stop the weight gain, even with lifestyle changes. The risks of diabetes had overtaken me. A nutritionist had thrown the towel in on me when she suggested I try HCG. Let me tell you, HCG has altered my life.

Immediately I researched HCG (Human Chorionic Gonadotrophin hormone), read Dr. ATW Simeons book Pounds and Inches, searched the internet, and I was encouraged that stored fat accumulation was what HCG targeted instead of muscle. The possibility of hunger

suppression and body reshaping gave me the courage to attempt the 500 calorie a day regime.

I am thrilled to report I am 52 pounds lighter! Hope has been restored in a very, very disillusioned 67 year old woman. On a 4’ 11” person, 52 pounds is enormous! I’m currently on my 4th round. I can honestly say I don’t know which period I look forward to the most – the 28 days of losing weight or the 28 days of rest in which my weight stays the same on a good and healthy dietary schedule.

—L.L.T.

I weighed 150 lbs. when I started the HCG diet and now I weigh 133 lbs. I wore size 10 pants and now I wear size 6. I lost the weight without having to go to the gym. I eat healthier and make better choices when I go out to eat. Weighing myself daily helped me see what made me gain weight. I gain weight when I eat bread and other food that has wheat in it. If I eat it then I know I will weigh a little more the next day. I had tried other diets but they didn’t work. I lost 6 lbs on one diet but then I gained it back. Felicia and Tony have been helpful with answering any questions that I have about the drops and the diet.

—M.D.

I have done the HCG protocol several times to lose a total of 40 pounds. Most importantly, I weigh what I did in high school and I feel great! My knees and feet no longer ache and I have more energy for life. The HCG protocol has eliminated the bad cravings and habits I had around food. I have tracked my weight steadily for the past 18 months and this habit alone has helped make my weight-loss permanent. I can’t fool myself: the scale never lies!

—A.J.C.

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“Feet in Both Worlds”

by CeAnn



Offering trance sessions extensively since 1986, “the channel formerly known as Seán Michael”, hails from a heritage of psychics, travels

through the States and Internationally, offering Visionary Guidance. CeAnn inspires Loving Allowance, Self Motivation, Intuitive Growth and the awakening of unlimited human potential. CeAnn channels a non-physical being known as Malachite.

Upon The DreamTime

*thoughts beyond form reaching toward infinity
endless aches explore the marrow of my being
soon soon to lay it to rest
and once again the true succession begins
beyond beyond time beyond mind
the walk amongst those
whom do not sleep drink or speak the touch*

To The Dream Time will you be there

eyes to the eyes that speak soundless truths

(excerpt from “Dancing from the Heart to the Mind - Destiny”)

Inevitably, this reality is as illusionary as one is willing to participate... transparent, as one is willing to see. Everyday, the illusion calls to us, tames the inner vision to view what's in front of us and believe the inoculated thoughts, which permeates this stew.

What are you feeling now...?

I want to share some meandering thought regarding ‘Feet in Both Worlds’; saying feet rather than foot as our realities, multi-dimensional and 3D, are merging and morphing together more than ever. Each of us with our own entrainment, memory baggage, life experiences and indoctrinations are moving toward an ever-widening chasm - perpetuated by fear, separation and confusion

- regarding our 3D reality, when in actuality all that's happening about us is nothing new, as generations before us have had these same social and monetary collapses and contractions. What's making it so tantamount for us? Maybe the fact ‘It’ is happening simultaneously for all to experience via technology and world communication AND the ‘veils’ are falling faster allowing us to feel each other's experiences more.

Paralyzed yet? Why won't you simply let go? Surrender, I Am with You...

There's so much written, observed, spoken, heard, and watched; expressed by us and absorbed by us in every moment as quantum physics, body mechanics, kinesiology, and electromagnetism demonstrate. Though, are we creating the space — the breath — to allow this human dimension to drain off, to clear, so the parallel realities can be addressed and experienced? What if you could, while seated in this moment as you read this, simultaneously check in on your children, your stocks, have a conversation with your sister (not physically with you nor on the phone), acknowledge your deceased father's presence, send a hug to your lover, dim the lights (without your iPhone) all without leaving the written word?

Beyond imagination, you remember... as a child, you did it all the time. I was with you... I have always been with you...

Obviously, if you are reading this article you subscribe beyond some beliefs or we wouldn't be communing around this subject. The human experience appears to be breaking down, while the planet we call home shakes, rattles and rolls as we move ever closer to 2012. And, you've been on your awakened path ‘seeing’ and being present now for years, and if it seems stickier now more than ever, complicated and dense having feet in both worlds... IT IS OK; this is what is happening. Our civilization hasn't circumscribed this moment before,

though the entity we are has. We know it in our souls! That's why waking up every day brings the ego a depth of: what's next and a defense toward what catalyzes the mind; all the while, You are right on schedule. It's been said we are Spirit having a Physical Experience rather than Humans seeking a Spiritual Experience... what if in truth it is: We are Consciousness having a Community Experience looking and feeling singular, simultaneously multi-dimensional. The question posed would be: What if you are ALL-WAYS in ‘both’ worlds, 3D and Multi-dimensional, demonstrated everyday by your conscious connections, intuitive remarks, psychic ‘coincidences’ and are simply excited to be distracted by this tangible sensorial reality surrounding you?

Remember as an infant, unbridled by concerns, doubts and fears, you were willing to absorb everything... Yes, Everything... and you still are

Please take a slow inward breath, and a slow exhale. May this find you feeling better in this moment, recognizing you are connected - rather than finding your path, Being the Path - secure in “I Am Always Connected”. Malachite (the label of a channeled frequency which shares through) often reminds, “Life is for your Entertainment Or you are Guided.” Maybe this reality is beyond something needing to be conquered, suppressed, or protected... just simply accepted. Sound too happy... too unattainable? Consider how you play in the multi-dimensional and what you think in this reality contributes to the community mind. Ask yourself some questions as you feel the polarized reaction beginning to well up: Where am I projecting from? If we are all connected, then there's only the One feeling as you and me, and the separate you and me doesn't really exist, correct? I have already acknowledged this moment or I wouldn't be here, so now I can relax

and watch the play of consciousness pour through both you and me 'being alert, alive, and attentive'.

Always and Everywhere I Am with you... Beyond mind Beyond body... the merge into a forever experience

The chasm we race toward, way beyond any of our human 3D attachments, is to narrow our perceptions of what we think this place is and isn't. Recently, Malachite was asked about what it thought of parallel realities and living with a foot in both worlds; what follows next is what was said:

"Ah ah... living in both worlds. Most people consider this reality work and some consider this something they have to do. Sometimes the spiritual life, the unseen life, is the hard work because you have to create the space for it. The most difficult thing is not living in two worlds... it is accepting the fact they are simultaneously always with you... To live in both worlds is to accept both worlds, and truthfully the only difference between both worlds is the body. Your conscious and unconscious minds exist simultaneously, so how do you know (this reality) exists? Because of Shape and Form. The real question is: how do you live in both worlds? You have to accept your participation. There is such beliefs system gathered around participation... that you have to do something differently, you have to meditate, you have to connect this way, you have to be in this state of mind where it is bliss, where it is love... another illusion painted that separates both worlds. What separates both worlds? Belief.

So, what is going to happen if you realize that this physical reality is just here because of the physical body; contemplate it. Where would you be if this physical reality wasn't here, what would you be! The most difficult aspect of living physically is just that: living physically... the perpetuation of motion. What is the only thing that's fluid and balanced so you would be

able to stand confident as a participant in parallel realities? Energy. So when I say minds think and bodies feel, a more provocative question might be what's thinking, what's feeling. Human beings know they exist because they are having the same reality each time they come into awareness. I will say that again: human beings know who they are or experience themselves as they are because they keep coming into the same reality, the same personality: they got the same clothes, the same people around them, so they become identified by these markers. The true question is not who are you, but what are you... Energy. You are energy that encompasses and is part of the powering link to the physical form. You are an energy that fills space: however, whatever, you want to be. The easiest way to be in both worlds is to acknowledge both worlds. To acknowledge there is no difference between both worlds except the body. You are always in both worlds. It is not something you start or stop; it is not something you can control. It is something you define, it is something you limit and it is something you have beliefs about.

Here's a simple exercise for bringing all your parallel realities here and now: It starts verbally like this: I AM SITTING IN THE SEAT; I AM NOTICING THE FORM BREATH. Then take a couple of deep inhales and exhales. I CALL ALL ASPECTS OF WHAT I AM HERE AND NOW. And as you call it all here, the next part is physical: using your palms... Left Palm covers the heart center and right palm covers the solar plexus, drop the shoulders and sit back, relax and just sit with that for a while. Eyes open or close, it does not matter. What matters is that you are engaging with the physical body. Simply allowing yourself to feel how truly large you are; how your consciousness encompasses so much and the body is the way station, the playground for here and now. When you are done just move your hands from your body and notice how you feel. It is that subtle; it is that simple. Yes..."

Sometimes reading channeled passages aloud helps integrate the information. Thanks for stopping by and letting our realities dance together as one.

Peace on your Path, Ce Ann (c)2011
Visionary Guidance

And
here is sound...
shrill and peaceful, thunderous and
deserted
making its way through the veins of my
discovery
where do i go from here?
sounding the peace, responding to the
thunder
i am capsized...
breathing in the shallow waters gasping for
depth
am i waiting?
expressionless, i am watching me,
watching the eye,
watching madness circumscribe the head of
intelligence,
while an ego laughs bittersweet,
bittersweet... too much to savor,
i spit up undigested bits of god only to
swallow more... more
and breathe in the spinning delight of
unmeasured source resourcing itself as me
malachite tells me a story
the winds are silent only to howl in the
busyness of a mind
thoughtlessly i proceed deafened only by
the nonchalance of awareness

(excerpt from "Dancing from the Heart to the Mind - Destiny")

CeAnn will be speaking at the Wellness Expo on Saturday, October 15th at 2pm on "Our Hidden Talent". He will also be offering a special workshop at the Wellness Expo where he will be channeling Malachite on Sunday, October 16th from 5pm-7pm. Call 972-221-8080 for more information and to register for this workshop or visit: visionaryguidance.com or www.messagesofjoy.com

Your Autumn Stars

by Cynthia Novak

Thank goodness it's October! This has been quite a year for the elements: Floods, tornadoes and fire. The only element left is Earth. I smile as I type this because the Earth is here and we are weary, but grateful for the opportunity to rebuild. This autumn many struggle to rebuild everything. Legislators struggle to be true to their respective parties. We the People struggle to find jobs and opportunity. It is an end and a beginning and we are beginning now. In the language of astrology: Jupiter and Pluto hold their respective positions to open a big doorway of opportunity. In November, Saturn faces Jupiter to help put it into form. Also in November Mars adds his energy and loud voice to the party for 6 months. The formation is called a kite. Simply put, a plan gains momentum with the people. It slowly takes form and ultimately can help lift the economy up by the summer of 2012. This is a beginning.

I read that the real end of the Mayan calendar is not December 2012, but October 2011. I believe that November 2011 is the beginning of a 3 year cycle of growth. It takes a while to get rolling. Look for signs that seeds of growth are planted. Why do I think that? Warren Buffet is the quintessential Plutocrat. He invested \$6 Billion into Bank of America. A monster bank weighed down by foreclosures...as many are. Is Buffet a generous man or a wise investor, who seized an opportunity created by his wealth? Maybe a little of both: I'm not an investor, but I would speculate that banks will soon find a way or motivation to sell much of that debt. You can call me an optimist or say

that I'm putting too much stalk in a strong Saturn. This is the beginning of economic recovery through real estate.

October: There is big publicity as people pull together. The month begins with Jupiter trine Pluto. In the language of astrology that is a whole lot of attention or PR. Mars stressed both planets in September and the vitriol was so offensive that both the Democrats and the Republicans should be embarrassed by their outspoken and desperate members. I expect October to herald a shift. I expect prospective and elected officials to dig deep to find real plans for jobs and economic growth. The best plan wins, but only if it gets attention. Candidates are gathering cash. Legislators are compelled to compromise or lose in 2012. By the 15th, candidates who have tangible results get attention from the people. Caution: at the end of the month the magic of advertising or fractured facts might leave us all scratching our heads and wondering which path to take. Jupiter is moving backward and enters a lunar mansion that is all about the excitement that comes from the dawn of a new day. He'll linger here until March 2012. Folks who faced destruction remind us all how glorious a new day can be. It's time for us to set cynicism aside and embrace it, too.

This isn't an election year: why talk so much about politicians? Legislators make the decisions which can either cripple the economy or stimulate it. The President or presidential hopefuls will hopefully lead the nation through difficult times. Jupiter is the planet of law and politicians. Jupiter is in a lunar mansion that speaks of a lonely truth teller: the truth teller faces mortality and so is made immortal to

guide others. Think of this as you look for the lonely truth tellers who rise out of frustration to lead the way. After all, if Buffet sees opportunity, then maybe we should look too. Caution: watch for fractured facts.

November: Things get rolling. Mars moves into the constellation Leo and the mansion Magha. He will remain in Leo for 6 months. He charges forward in November and December. Mars is all about action and capitalism. Mars faces Neptune during the first 2 weeks. Neptune is an illusion so take the time to investigate your source before you bet your future on him. The real story is beneath the noise where there is something building. Saturn, the planet of structures or cornerstones and facts, moves into Libra where he is productive. I looked back in time to note past stays in the constellation Libra [Vedic]. I'll share those dates with you. Do your own search... Here is the past: Oct. 1923-Oct. 1926; Nov. 1952-Nov. 1955; Oct. 1982-June 1985. And what about the present: Nov. 2011-Aug. 2012? Think of this Saturn as the tail on the "kite." We need a solid Saturn to steady the climb up and away.

December: Money moves as we enter December. The planets are scattered so it's difficult to see where it's moving, however, at least it's moving. Jupiter is almost stopped in the heavens. If you have a planet in early Aries [Vedic] or early Taurus [Western] you already feel something brewing. It seems that property is moving and 2012 is looking better. Mars, the action planet, helps us pull together to rebuild. Stories fill the holiday newscasts of folks, who helped each other pull together and pull through. We even helped our neighbors' pets, livestock and wildlife. It was a tough year for millions and horrific for thousands, but we made it. These stories abound if we'll just look. They help us drown out the vitriolic anger of self-motivated politicians of

both parties and help service-minded folks seize the opportunity to run for office. The gift of Saturn in Libra and the publicity planets is a lot about good people, who want to do what's best for the country, rising to the surface. This carries over into January and 2012. The shift began in October and it's moving now.

Where the Money Flows: I am not a wealthy person and I am not even an investor. However, the power of Pluto with Uranus, the planet of change, and a shift of Saturn into Libra where the fertile star Sirius is found, tells me to look at what Plutocrats like Buffet are doing with their money and follow. I expect a lot of property to move from the banks' liabilities to others' assets. I expect foreign investors to buy up property here. The Market remains volatile. That's an opportunity for experienced investors and a potential calamity for others. Simply put: it's a gamble. You could be really lucky or really broke if you don't know what you're doing. Expect government budget cuts. If you happen to have a planet in early Aries, then you might just see big returns and maybe some wild-catter's luck.

How the Love Grows: The desire to work together is strong in October. Marriage counseling and personal growth work help us cooperate. Still, romance is cautious. Do you have the

courage to be yourself? Do you know who you are? There is no better time to get your footing and dare to be you. BTW that's where the love grows this season and always. However, this season, Venus starts with practical Saturn. She crosses Pluto, the powerful, in early December. She begins the New Year ready to listen as Saturn and Uranus cook up change. In this case it is the Liberation that comes when you are ready to be visible. Yes indeed, 2012 is an exciting year. This season is a great time to enjoy love while you clean out your emotional closet. Love grows as we grow.

Who will be the Man with the best plan? The plan, that is, for economic recovery and jobs. Watch for tangibles and a strong hand on the string of the kite. That hand belongs to the next President. It may sound simple, but the transits suggest a Saturn-type leader. Romney and Perry have Saturn strong...but so does Obama. Which man will inspire businesses to expand and hire? That's the Jupiter transits.

Romney vs Perry: I have birth times for both candidates now. They both have really strong transits through the election in November 2012. They could end up on the same ticket. Romney has stronger aspects in Late December 2011 and January 2012. He could surge ahead. Romney already has a plan and supporters. The Mars transits give him a stronger voice

and image. I also expect plenty of campaign money from the Jupiter transits, but don't underestimate Perry. There are plenty of voters, who want his conviction. He was born with the Moon on his Saturn. He's a pragmatist and a builder. You may not like his approach, his swagger or his budget cuts, but Saturn's voice is heard this season and next year. Romney may be better at national politics, but Perry will have voters who are hungry for Saturn's simplicity ready to vote for him. Perry has a strong Venus so he can be charming, but his Saturn-Moon combination makes it difficult for him to ask for support. However, he'll probably get the hang of it.

President Obama continues to have very difficult aspects. He's probably tired and may feel abandoned or even betrayed...as well as frustrated. He needs to offer Saturn's strength and wisdom from fresh advisers. Mars is not the President's friend. It's important that he appear strong and willing to do what is best for the nation. That sounds easy, but at the level of President there are so many voices talking that he'll have to ask for help beyond his current advisers. As the year ends expect many changes in staff. He has an economic rabbit to pull out of his hat. Whether it gets passed or not will depend upon his strength and not upon vitriolic voices. His popularity should climb next summer.

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Cynthia Novak is a professional astrologer. She can be contacted at metro 817-261-2984. Read Cynthia's daily astrological message at HolisticNetworker.com

or CynthiaNovak.com

Hear Cynthia's talk entitled "Astrology & You" at 11:30am on October 16 at the Wellness Expo in Addison.

Events & Classifieds

See the latest at HolisticNetworker.com/events

October

15-16 WELLNESS EXPO® in Addison produced by the Holistic Networker®. This two-day, indoor/outdoor event will be held on Saturday & Sunday, 11am-6pm, Addison Conference Centre, 15650 Addison Rd, three blocks north of Beltline, two blocks west of the Tollway. Call 972-378-3770 or email: expo@HolisticNetworker.com for information about exhibiting or attending. SEE AD ON BACK COVER or see our web page at: www.WellnessExpo.net

29 "WordPress Revealed" One-Day Seminar. Learn how WordPress works, learn to install, configure, and maintain your blog and web site. See dfwwp.org for details.

November

3-6 "The Gluten Truth" meets "The Circle of Life": A Tale of Two Hemispheres. The Westin Galleria, Dallas, TX. Register at: <http://intestinalhealth.org/2011dallasevent>

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Second Saturday Sense-ations' Psychic & Holistic Fair; 11:30-6pm. Unity of Richardson/Spiritual Fitness Center, 300 N Coit, Suite# 179, Richardson, TX. Readings are only \$15 for 15 minutes. We also have classes! Go to www.sense-ations.com for more information and to join our e-mail list for special discounts and notices. Or call 214-505-5540.

Fourth Sunday Psychic Fair, Live Entertainment, Free classes all day. Fourth Sunday of every month. Blue Moon Expo, DoubleTree Hotel (N. Dallas near Galleria), 4099 Valley View Lane, Dallas, TX 75244. www.bluemoonexpo.com 214-734-5844

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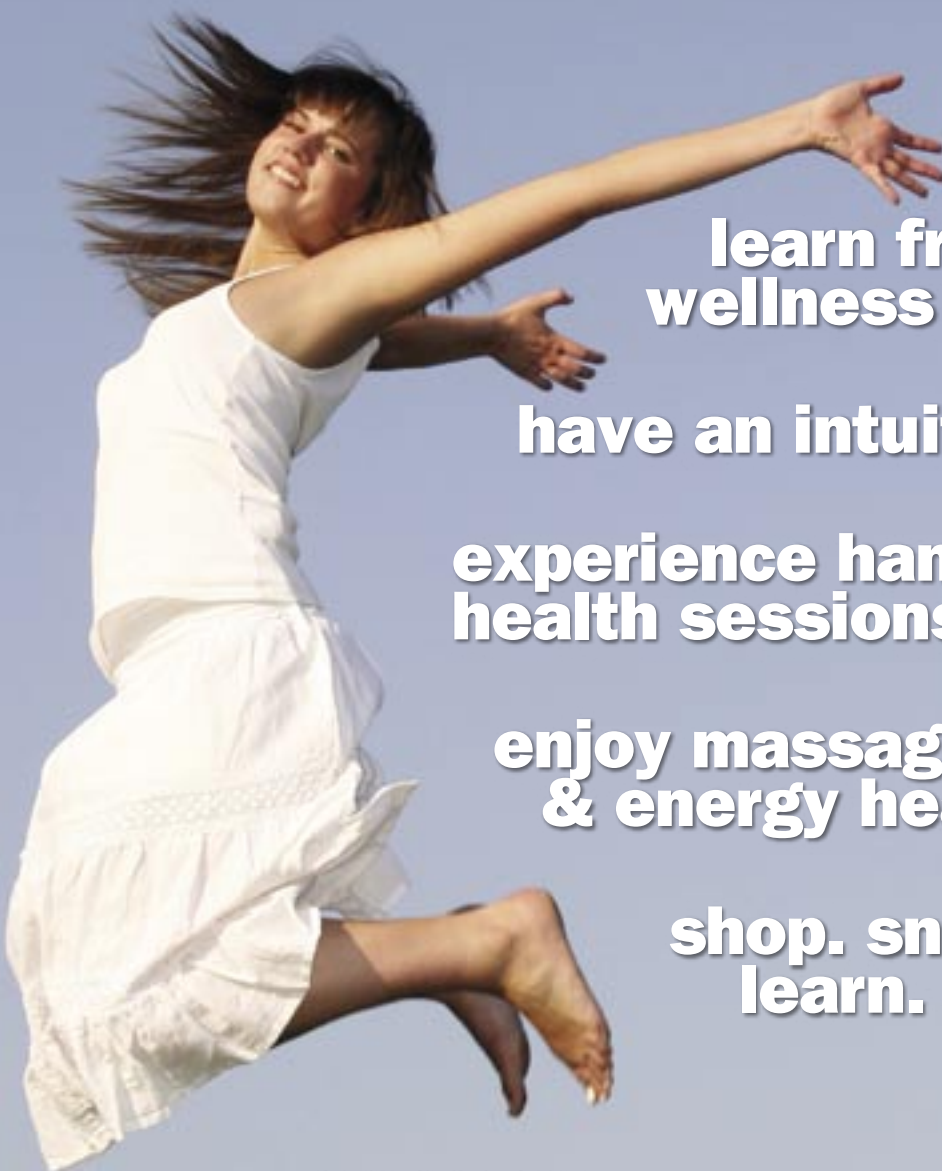
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